



Assisted Living Nursing Homes Towson

The Maples of Towson has over 13 years experience providing the highest quality assisted living services to seniors. Our comprehensive service package is enhanced by numerous amenities and our warm and comfortable homelike environment.

Health Care Services

Our highly individualized care plans are tailored to each resident's needs and preferences and are reviewed every 45 days. A dedicated and experienced staff supports an on-site nursing team and we employ a state-of-the-art E-medical system to enable communication and direction from our doctors, nurse practitioners and the Greater Baltimore Medical Center. And, our emergency response security system gives residents' and their families the comfort of knowing that help is just moments away.

Our comprehensive range of on-site services includes:

- Physical and Occupational Therapy using a fully-equipped on-site gym
- Podiatry
- Psychiatric Services
- Laboratory Services
- Imaging Studies including X-ray and ultrasound
- Wound Care
- Hospice Care
- The Maples' unique Connections program, led by an LPN, offering specially designed programming for residents with memory impairment.

Your Day at The Maples

Attentive Health Care Assistance – the foundation of your day – our highly trained staff administers and monitors your detailed service plan and medication schedule.

Flexible Morning Schedule – We accommodate early birds and late risers. If you need help getting started, our staff can assist with grooming and dressing, including bathing assistance, if desired.

Dining at Leisure – We offer restaurant-style dining in beautifully appointed dining rooms. Meal times can be coordinated with medication requirements. And, if you're feeling 'under the weather', a tray can be delivered to your suite.

Nurturing Your Interests – There's something for everyone. Our Activities Director reviews our offerings with you and introduces you to community members with similar interests.

Spiritual Growth – The Maples is home to residents of all beliefs. Each week we offer scheduled spiritual activities.

Evening Entertainment – Take advantage of our offerings or spend a quiet evening reading a book or watching TV.

Bedtime Assistance – Retire on your own or receive assistance undressing or with grooming. At your request, we provide toileting assistance or nighttime bed checks.

Living at The Maples



Like everything at the Maples, living at the Maples is living on your own terms. Supplementing each resident's individualized service plan, we have an extensive list of services, programs and amenities available from which our residents get to pick and choose throughout their day.

Starting with news and exercise every morning, nobody could do everything we offer every day, and that's not the point. From the time each resident chooses to get up in the morning, to their preferred bed time, we fundamentally understand that our residents don't live in our workplace, but rather we work in their home.

Therefore, we offer a variety of engaging offerings to entice our residents to participate in physical, mental and spiritual opportunities throughout the day and week. There is literally something for everybody every day at The Maples!

The Sage Approach to Senior Living

Sage refers to a person of great wisdom and insight. So it's a fitting name for a company established by three people with more than 60 years combined experience in senior living management.

Kelly Cook Andress, Dick Kendall, and Gunnar Plake left top positions in the corporate world to create The Maples as an alternative to the institutionalized ownership and management of senior housing by large, publicly traded firms.

They helped define the companies that have defined the industry. Seeing the evolution in senior housing move towards cookie-cutter, Wall Street-driven ownership, standardization of offerings and rigid definitions of care, they were inspired to conceive a new model for senior living.

Sage focuses on personal attention; putting management close to the resident in small, exclusive communities like The Maples—places where residents can speak directly to one of the Sage partners and know that their needs and wishes will be heard and acted upon.

As sage is also an herb, a natural flavor enhancer, so Sage Senior Living seeks to enhance the lives of seniors, with dignity and independence, respect and vigor. The Maples is a beautiful, welcoming and nurturing environment, full of the energy and excitement of real people helping each other to live fulfilling lives.

Introducing The Maples

The Maples of Towson provides exceptional care in a sophisticated environment. We're right in the heart of Towson – across the street from the University and in the middle of everything – easily accessible to family and friends who are always welcome. Stop in at the big yellow house on the hill. We'll show you how easy the next step can be.

For more information please visit
<http://www.themaples-towson.com>